

# LASIK Pre-Op Instructions

## Before The Procedure:

- 1) Begin using *preservative free* artificial tears (Systane or Refresh) 2 weeks before your procedure. Use 1 drop 4 times a day in each eye.
- 2) If Dr. Marc recommends, buy Systane Nighttime preservative free ointment (over the counter). Apply inside the lower eyelids at bedtime. **Do NOT use the night before the surgery. You may restart the day after surgery.**
- 3) Please stay out of your contact lenses for \_\_\_\_\_ week(s) prior to your procedure.
- 4) Begin using Advil 400mg 3 times a day the day before the procedure and the day of the procedure. Take with food and a large glass of water. *Do NOT wake up to use. Do NOT take if you have any allergies to Ibuprofen or Advil. Do NOT take if you have stomach and/or intestinal bleeding problems.* Take for 2 days, starting 1 day before the procedure.

## On The Day Of The Procedure:

- 1) Do NOT wear any makeup, scented moisturizers and make sure you wash your face thoroughly.
- 2) Do NOT wear any cologne or perfume.
- 3) Do NOT use any aerosol products including deodorant or hair spray
- 4) Do NOT wear any jewelry from the neck up (earrings, necklaces and removable jewelry).
- 5) You MUST arrange for transportation and someone to accompany you home. **You Cannot Drive Yourself Home.** The surgery center will cancel your procedure if you do not have a responsible adult drive you home. (Calling a cab is not sufficient).
- 6) **Bring all of your drops with you on the day of surgery. Your procedure will be cancelled if it cannot be verified that you have filled the prescriptions for your drops.**
- 7) For best results please try to limit your close reading, iPad, phone or computer work for at least 2 hours prior to your arrival time.
- 8) Monticello Community Surgery Center will be collecting the payment for your procedure. The surgery center accepts all major credit cards Visa, Master Card, American Express, Discover, cash and money orders. Payment is expected in full prior to your procedure.

Your LASIK consultant is: \_\_\_\_\_



Please contact your LASIK consultant at 434-982-2010 or Dr. Odrich at 646-249-2800 if you have any questions regarding your procedure. Forms and instructions may also be found at:

[www.UVALASIK.com](http://www.UVALASIK.com)